



ST. ELISABETH'S EPISCOPAL CHURCH

The Fifth Sunday after the Epiphany

February 4, 2024

10:00 AM

Welcome to Saint Elisabeth's. We are delighted to have you with us today.



Jesus Healing Peter's Mother-in-Law
Rembrandt Harmenszoon van Rijn, 1606-1669

This faith community invites all persons to all levels of participation, leadership and decision-making within the church regardless of sexual orientation, gender identity, race, ethnicity, age, physical or mental capacity, education, socioeconomic and marital status. We seek to establish meaningful connections with one another through work and play and worship as we strive to understand God's purpose for us in the church and in the world.

Epiphany

Epiphany is a Greek word meaning “manifestation, showing forth, revelation.” This feast proclaims our faith that in Jesus, God is revealed to all people — not just to an inner circle or a chosen few, but to all people, in all places, and throughout all time. Christians believe that in the person of Jesus we see who God is, and in the words and actions of Jesus we see God at work in the world. Epiphany marks a series of occasions at which Jesus was revealed to be God’s Son.

The feast of Epiphany and the weeks that follow are a time when we reflect on several “manifestations” of Jesus, as he was recognized as the Messiah (or Christ) by many different people. We hear about Jesus’ baptism in the river Jordan by John the Baptist and the visit of the magi, or wise men, who followed the star to Bethlehem at Jesus’ birth. We share the amazement of the guests at the wedding party at Cana as Jesus performs his first miracle by turning water into fine wine. And at the end of the season we see Jesus’ glory shown to three of his disciples on the mountain as he is transfigured before them in a blaze of light.

From Daily Prayer for All Seasons

Entering in:

The spiritual life can only be lived in the present moment, in the now. All the great religious traditions insist upon this simple but difficult truth.

—Cynthia Bourgeault, "Mystical Hope"

Practice:

Spend a few minutes each day and track how much time you spent in a past moment, or a future. Look at those times when you were “in the moment”. Where would you like to live your life – past, future or present? What specific things do you need to do to make that change?



Holy Eucharist

Prelude

Opening Hymn

Wonder Love and Praise 775

“Give thanks for life”



1. Give thanks for life, the meas - ure of our days,
 2. Give thanks for those who made their life a light
 3. And for our own, our liv - ing and our dead,
 4. Give thanks for hope, that like the wheat, the grain



mor - tal, we pass through beau - ty that de - cays, yet
 caught from the Christ flame burst - ing through the night, who
 thanks for the love by which our life is fed, a
 ly - ing in dark - ness does its life re - tain, in



sing to God our hope, our love, our praise,
 touched the truth, who burned for what is right, } Al -
 love not changed by time or death or dread, }
 res - ur - rec - tion to grow green a - gain. }



le - lu - ia, Al - le - lu - ia!

Collect of the Day

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

Holy God, you give strength to the powerless and power to the faint; you raise up the sick and cast out demons. Make us agents of healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus the Christ.

Assembly **Amen.**

Word of God

First Reading

Isaiah 40:21-31

A Reading from the book of the Prophet Isaiah.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

Response

Psalm 147:1-12,21c

Read responsively by whole verse, with the reader leading.

1 Hallelujah! How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

**2 The Lord rebuilds Jerusalem; *
he gathers the exiles of Israel.**

3 He heals the brokenhearted *
and binds up their wounds.

**4 He counts the number of the stars *
and calls them all by their names.**

5 Great is our Lord and mighty in power; *
there is no limit to his wisdom.

**6 The Lord lifts up the lowly, *
but casts the wicked to the ground.**

7 Sing to the Lord with thanksgiving; *
make music to our God upon the harp.

**8 He covers the heavens with clouds *
and prepares rain for the earth;**

9 He makes grass to grow upon the mountains *
and green plants to serve mankind.

**10 He provides food for flocks and herds *
and for the young ravens when they cry.**

11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;

**12 But the Lord has pleasure in those who fear him, *
in those who await his gracious favor.**

21 Hallelujah!

Second Reading

1 Corinthians 9:16-23

A Reading from the first letter of Paul to the Corinthians.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

Gospel Acclamation

Wonder Love and Praise 771

“God of gentle strength”



1. O God of gen - tie strength, your
 2. Your wa - ters of re - birth have
 3. And when life's chal - leng - es e -
 4. Where will the jour - ney lead? The



love em - bra - ces me. With - in the sure - ness
 claimed us as your own. As mem - bers of one
 clipse our minds with doubt, let ho - ly wis - dom
 path may be ob - scure. But prom - ised hope of



of your care my heart rests will - ing - ly.
 bod - y, we shall nev - er be a - lone.
 spark a flame to drive the dark - ness out.
 things un - seen will keep our foot - ing sure.

All face the Gospel Book.

The Gospel

Mark 1:29-39

Gospeler The Holy Gospel of our Savior Jesus Christ according to Mark.
Assembly **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Gospeler The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

Sermon

Seán Hansen

A period of silence follows

Creed

"I Believe in God almighty"

Arfon

1. I be - lieve in God al - might - y, Au - thor of all
 2. I be - lieve that Je - sus suf - fered, scourged and scorned and
 3. I be - lieve in God's own Spir - it, bond - ing all the

things that be, Mak - er of the earth and heav - ens,
 cru - ci - fied; tak - en from the cross, was bur - ied—
 saints with - in one church, cath - o - lic and ho - ly,

Keep - er of the sky and sea. I be - lieve in
 True Life there had tru - ly died. I be - lieve that
 where for - give - ness frees from sin; in the bod - y's

God's son, Je - sus, now for us both Lord and Christ, of the Spir - it
 on the third day Christ was raised up from the grave, then as - cend - ed
 res - ur - rec - tion, for the break - ing of death's chain gives the life that's

and of Mar - y born to bring a - bun - dant life.
 to God's right hand. He will come to judge and save.
 ev - er - last - ing. This the faith that I have claimed.

Prayers of the People*New Zealand Prayer Book*

- Intercessor* Merciful God, you have promised to hear when we pray in the name of your Son. Therefore in confidence and trust we pray for the church:
- Assembly* **that we may be salt of the earth and light to the world.**
- Intercessor* Breathe fresh life into your people.
- Assembly* **Give us power to reveal Christ in word and action.**
- Intercessor* Creator of all, lead us and every people into ways of justice and peace.
- Assembly* **That we may respect one another in freedom and truth.**
- Intercessor* Awaken in us a sense of wonder for the earth and all that is in it.
- Assembly* **Teach us to care creatively for its resources.**
- Intercessor* God of truth, inspire with your wisdom those whose decisions affect the lives of others.
- Assembly* **That all may act with integrity and courage.**
- Intercessor* Give grace to all whose lives are linked with ours
- Assembly* **May we serve Christ in one another, and love as he loves us.**
- Intercessor* We pray for those in need: and for those who have asked for our prayers, especially:
- Bishop Michael Curry
Ben Whipple, Susan & Larry Whipple's son
Steve Roemer, Carol Heitman-Mazzocco's son-in-law
Viola Bradshaw
Pat Keeley, Adrienne Zimmerman's brother-in-law
Cheryl Porter, Adrienne Zimmerman's friend
Susan Chadd
The people of Israel, Palestine, and Ukraine
All those affected by gun violence
 are there others?...

God of hope, comfort and restore all who suffer in body, mind, or spirit.

Assembly

May they know the power of your healing love.

Intercessor

Make us willing agents of your compassion.

Assembly

Strengthen us as we share in making people whole.

Intercessor

We remember those who have died.

Assembly

Lord, into your hands we commend them.

Intercessor

Give comfort to those who mourn.

Assembly

Bring them peace in their time of loss.

Intercessor

We praise you for all your saints who have entered your eternal glory.

Assembly

May their example inspire and encourage us.

Intercessor

Lord, you have called us to serve you.

Assembly

Grant that we may walk in your presence: your love in our hearts, your truth in our minds, your strength in our wills; until, at the end of our journey, we know the joy of our homecoming and the welcome of your embrace, through Jesus Christ our Lord. Amen.

Silence

Confession and Absolution

Presider

Let us confess our sins against God and our neighbor.

Assembly

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Assembly **Amen.**

Peace

Presider The peace of the Lord be always with you..

Assembly **And also with you.**

Please offer one another a sign of God's Peace.

Announcements

Blessings for Birthdays, Anniversaries, and Travelers

Those traveling and those celebrating birthdays or anniversaries are invited to come forward for a blessing.

Holy Communion

Offertory Sentence

Presider Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

Collection

If you are financially able to support the mission of St. Elisabeth's, please put your offering in the collection plate as it is passed or use the QR code to donate online.



Offertory Music

Hymnal 566

"From thee all skill and science flow"

The Church's Desolation

1 From thee all skill and sci-ence flow, all pi - ty, care, and love,
2 And has-ten, Lord, that per-fect day when pain and death shall cease,

all calm and cour-age, faith and hope: O pour them from a - bove!
and thy just rule shall fill the earth with health and light and peace;

Im - part them, Lord, to each and all, as each and all shall need,
when ev - er - blue the sky shall gleam, and ev - er-green the sod,

to rise, like in - cense, each to thee, in no - ble thought and deed.
and our rude work de - face no more the hand - i - work of God.

Doxology*Please stand as able.*

"Praise God, from Whom All Blessings Flow"

Old 100th

Praise God from whom all bless - ings flow; praise him, all

crea - tures here be - low; praise him a - bove, ye heav'n - ly host:

praise Fa - ther, Son, and Ho - ly Ghost. A - men.

Great Thanksgiving*Eucharistic Prayer B*

Presider The Lord be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give him thanks and praise.**

Presider It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Hymnal S130

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Presider

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Assembly

Therefore, according to his command, O Father,
We remember his death. We proclaim his resurrection, We await his coming in glory.

Presider

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Elisabeth and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

Lord's Prayer

Presider And now, as our Savior Christ has taught us, we are bold to say,

Assembly **Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Breaking of the Bread

The Presider breaks the consecrated bread. A period of silence is kept.

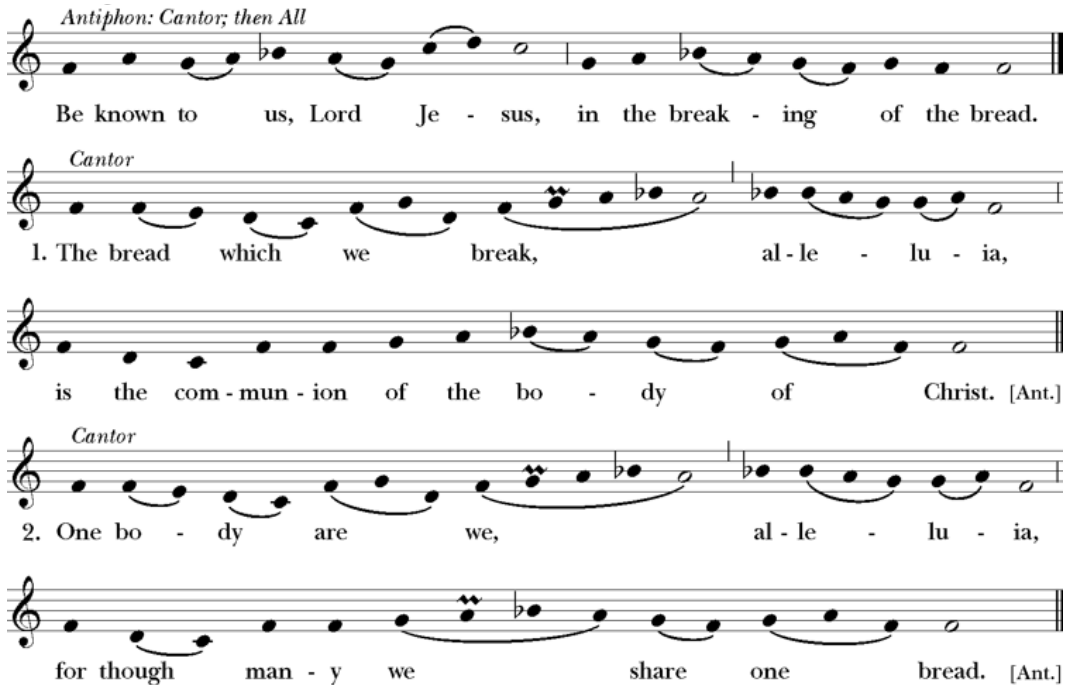
Fraction Anthem

Hymnal S171

"Be known to us"

Plainsong

Antiphon: Cantor; then All



Be known to us, Lord Je - sus, in the break - ing of the bread.

Cantor

1. The bread which we break, al - le - lu - ia,

is the com - mun - ion of the bo - dy of Christ. [Ant.]

Cantor

2. One bo - dy are we, al - le - lu - ia,

for though man - y we share one bread. [Ant.]

Invitation to Communion

Presider

The Gifts of God for the People of God.

All are welcome to come forward to receive Communion or a blessing at this time.

Gluten-free host available upon request.

If you would prefer to receive a blessing instead of the sacrament, please cross your arms over your chest.

Music during Communion

Hymnal 304

"I come with joy"

*Land of Rest**Unison or harmony*

1 I come with joy to meet my Lord, for -
 2 I come with Chris - tians far and near to
 3 As Christ breaks bread and bids us share, each
 4 And thus with joy we meet our Lord. His
 5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der
 2 find, as all are fed, the new com - mu - ni -
 3 proud di - vi - sion ends. That love that made us
 4 pres - ence, al - ways near, is in such friend - ship
 5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.
 2 ty of love in Christ's com - mun - ion bread.
 3 makes us one, and stran - gers now are friends.
 4 bet - ter known: we see, and praise him here.
 5 in the world, we'll live and speak his praise.

Post Communion Prayer*Common Worship**Presider* Let us pray.

Assembly **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

Blessing*Common Worship*

Presider The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

Assembly **Amen.**

Closing Hymn

Hymnal 423

“Immortal, invisible”

St. Denio

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
 2 Un - rest - ing, un - hast - ing, and si - lent as light,
 3 To all life thou giv - est, to both great and small;
 4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,
 nor want - ing, nor wast - ing, thou rul - est in might;
 in all life thou liv - est, the true life of all;
 thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,
 thy jus - tice like moun - tains high soar - ing a - bove
 we blos - som and flour - ish, like leaves on the tree,
 all laud we would ren - der: O help us to see

al - might - y, vic - tor - ious, thy great Name we praise.
 thy clouds, which are foun - tains of good - ness and love.
 then with - er and per - ish; but nought chan - geth thee.
 'tis on - ly the splen - dor of light hid - eth thee.

Dismissal

Presider Go in peace to love and serve the Lord.

Assembly **Thanks be to God.**

Postlude

Assisting Today

First Reading	Kay Rossiter
Second Reading	Susan Newcomb
Prayers	Peter Rossiter
Altar Guild	Libby Hinds, Glenna Foley
Usher	Jim Baur
Coffee Hour	<i>Volunteer Needed</i>

This Week

Monday, February 5	AA Meeting (8:00 PM)
Wednesday, February 7	Boy Scout Meeting (7:15 PM)
Thursday, February 8	Spoken Eucharist Rite II (7:30 AM) Choir Rehearsal (7:30 PM)
Friday, February 9	Bible Study (11:00 AM)
Saturday, February 10	Family Eucharist and Potluck Supper (4:30 PM) AA Meeting (5:00 PM)

Up Next

Sunday, February 11

Spoken Eucharist: Rite I (8:00 AM)

Choir Rehearsal (9:00 AM)

Choral Eucharist: Rite II (10:00 AM)

Coffee Hour, Forum, & Sunday School (11:00 AM)

Taizé Service at Christ Church Winnetka (5:30 PM)

February 13

St. E's Book Group (12:00 Noon)

Vestry Meeting (7:15 PM)

February 14

Ash Wednesday Service at Trinity (12:00 Noon)

Ash Wednesday Service at St. E's (7:00 PM)

February 15

Spoken Eucharist: Rite II (7:30 AM)

Choir Rehearsal (7:30 PM)

February 16

Bible Study (11:00 AM)

Announcements

Sunday School for Children, upstairs after the 10 o'clock service. This is a weekly offering.

Weekday Worship: Come join Adam before work or school at **7:30 AM every Thursday** for a short service of Holy Communion with a brief homily on the readings assigned for the day.

St. Elisabeth's Bible Study meets weekly on **Fridays at 11:00 AM** in the Guild Room. This week we will be discussing Mark chapters 4-7. For more information, contact Mark Tilton.

Second Saturday Family Eucharist and Potluck Super will take place on **Saturday, February 10 at 4:30 PM**. We will gather for Communion around the table and then share a potluck meal and some fun and fellowship together. A sign-up sheet is on the bulletin board in the hallway. We will have these gatherings every Second Saturday through May.

New Sunday Forum Format: Beginning **Today**, we will gather **weekly at Coffee Hour after the 10:00 AM service** in the Guild Room. We will discuss the day's readings, sermon, liturgy, music and whatever else is on folks' minds. These conversations will be facilitated by the Rector. On select Sundays, we will continue to have guest speakers and teachers on various topics.

The Episcopal Diocese of ChicagoThe Rt. Rev. Paula Clark, *Bishop***Saint Elisabeth's Episcopal Church****Clergy & Staff**

The Rev. Adam Spencer	<i>Rector</i>
The Rev. Larry Handwerk	<i>Assisting Priest</i>
Walter Aldrich	<i>Director of Music</i>
Pam Green	<i>Director of Administration</i>
Elizabeth Clemmitt	<i>Associate for Spiritual Wellness</i>
Seán Hansen	<i>Seminarian</i>
Abigail Pribble	<i>Director of Children's Formation</i>

2024 Vestry

Leslie Alter, <i>Warden</i>	Fred Johnston	Ross Shanley-Roberts
Carla Arnell	Robin Lake, <i>Warden</i>	Kara Superfine
Suzanne Arnell	Carrie Miller-Mygatt	Mark Tilton, <i>Treasurer</i>
Robert Fischer		John Tuohy, <i>asst. Treasurer</i>

Sunday Schedule

8:00 AM	Spoken Eucharist: Rite I
9:00 AM	Choir Rehearsal
10:00 AM	Choral Eucharist: Rite II
11:00 AM	Coffee Hour, Forum, and Sunday School

Office Hours

Tuesday by appointment, Wednesday, Thursday, and Friday 8:00 AM to 12:00 PM
 Pastoral Care Number: 847-786-3082

*We at St. Elisabeth's share an adventurous spirit and a commitment
 to radiate God's love within and beyond our red doors.*