

St. Elisabeth's Episcopal Church

The Fifth Sunday after the Epiphany

8:00 AM

Welcome to St. Elisabeth's Church



Jesus Healing Peter's Mother-in-Law Rembrandt Harmenszoon van Rijn, 1606-1669

We at St. Elisabeth's share an adventurous spirit and a commitment to radiate God's love within and beyond our red doors.

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Epiphany

Epiphany is a Greek word meaning "manifestation, showing forth, revelation." This feast proclaims our faith that in Jesus, God is revealed to all people — not just to an inner circle or a chosen few, but to all people, in all places, and throughout all time. Christians believe that in the person of Jesus we see who God is, and in the words and actions of Jesus we see God at work in the world. Epiphany marks a series of occasions at which Jesus was revealed to be God's Son.

The feast of Epiphany and the weeks that follow are a time when we reflect on several "manifestations" of Jesus, as he was recognized as the Messiah (or Christ) by many different people. We hear about Jesus' baptism in the river Jordan by John the Baptist and the visit of the magi, or wise men, who followed the star to Bethlehem at Jesus' birth. We share the amazement of the guests at the wedding party at Cana as Jesus performs his first miracle by turning water into fine wine. And at the end of the season, we see Jesus' glory shown to three of his disciples on the mountain as he is transfigured before them in a blaze of light.

From Daily Prayer for All Seasons

Entering in:

The spiritual life can only be lived in the present moment, in the now. All the great religious traditions insist upon this simple but difficult truth.

—Cynthia Bourgeault, "Mystical Hope"

Practice:

Spend a few minutes each day and track how much time you spent in a past moment, or a future. Look at those times when you were "in the moment". Where would you like to live your life – past, future or present? What specific things do you need to do to make that change?

Hearing Loop Switch hearing aid to T-col

The Holy Eucharist: Rite One The Word of God

The Prelude

The Opening Acclamation

Please stand as able.

Presider Blessed be God; Father, Son, and Holy Spirit.

Assembly And blessed be his kingdom, now and for ever. Amen.

The Collect for Purity

Presider Almighty God, unto whom all hearts are open, all desires known, and from

whom no secrets are hid: Cleanse the thoughts of our hearts by the

inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily

magnify thy holy Name; through Christ our Lord.

Assembly Amen.

The Summary of the Law

Presider Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God

with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the

Law and the Prophets.

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The Kyrie

Presider Lord, have mercy upon us.

Assembly Christ, have mercy upon us.

Presider Lord, have mercy upon us.

The Collect of the Day

Presider The Lord be with you.

Assembly And with thy spirit.

Presider Let us pray.

Set us free, O God, from the bondage of our sins and give us, we beseech thee, the liberty of that abundant life which thou hast manifested to us in thy Son our Savior Jesus Christ; who liveth and reigneth with thee, in the

unity of the Holy Spirit, one God, now and for ever.

Assembly Amen.

The Lessons

The First Reading

Isaiah 40:21-31

A Reading from the book of the Prophet Isaiah.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and

the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

Assembly Thanks be to God.

The Psalm Psalm 147:1-12,21c

Read responsively by whole verse, with the reader leading.

1 Hallelujah! How good it is to sing praises to our God! * how pleasant it is to honor him with praise!

2 The Lord rebuilds Jerusalem; * he gathers the exiles of Israel.

3 He heals the brokenhearted * and binds up their wounds.

4 He counts the number of the stars * and calls them all by their names.

5 Great is our Lord and mighty in power; * there is no limit to his wisdom.

6 The Lord lifts up the lowly, * but casts the wicked to the ground.

7 Sing to the Lord with thanksgiving; * make music to our God upon the harp.

8 He covers the heavens with clouds * and prepares rain for the earth;

9 He makes grass to grow upon the mountains * and green plants to serve mankind.

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10 He provides food for flocks and herds * and for the young ravens when they cry.

11 He is not impressed by the might of a horse; * he has no pleasure in the strength of a man;

12 But the Lord has pleasure in those who fear him, * in those who await his gracious favor.

21 Hallelujah!

The Second Reading

1 Corinthians 9:16-23

A Reading from the first letter of Paul to the Corinthians.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

Assembly Thanks be to God.

Stand for the Gospel, as able.

The Gospel Mark 1:29-39

Gospeler The Holy Gospel of our Lord Jesus Christ according to Mark.

Assembly Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Gospeler The Gospel of the Lord.

Assembly Praise be to thee, O Christ.

The Sermon Seán Hansen

A period of silence follows.

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The Nicene Creed

Please stand as able.

Assembly

I believe in one God, the Father Almighty, maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by whom all things were made; who for us men and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man; and was crucified also for us under Pontius Pilate; he suffered and was buried; and the third day he rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father; and he shall come again, with glory, to judge both the quick and the dead; whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life, who proceedeth from the Father and the Son; who with the Father and the Son together is worshiped and glorified; who spake by the Prophets.

And I believe one holy Catholic and Apostolic Church; I acknowledge one Baptism for the remission of sins; and I look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

BCP pgs. 328-330

Intercessor

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers especially Michael, our Presiding Bishop, and Paula our Bishop, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land especially Joseph, our president, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

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And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. Particularly:

Bishop Michael Curry

Ben Whipple, Susan & Larry Whipple's son

Steve Roemer, Carol Heitman-Mazzocco's son-in-law

Viola Bradshaw

Pat Keeley, Adrienne Zimmerman's brother-in-law

Cheryl Porter, Adrienne Zimmerman's friend

Susan Chadd

The people of Israel, Palestine, and Ukraine

All those affected by gun violence

Are there others?

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Elisabeth and all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

Assembly Amen.

The Confession of Sin and Absolution

Presider

Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

Please kneel as able.

Assembly

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word or deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

Presider

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

Assembly

Amen.

Presider

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you.

St. Matt. xi. 28.

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

St. John iii. 16.

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners.

1 Tim. i. 15.

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the Propitiation for our sins.

1 St. John ii. 1, 2.

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The Peace

Presider The peace of the Lord be always with you.

Assembly And with thy spirit.

Please offer one another a sign of God's Peace.

Announcements

Blessings for Birthdays, Anniversaries, and Travelers

The Offertory Sentence

Presider Walk in love, as Christ loved us and gave himself for us, an offering and Ephesians 5:2

sacrifice to God.

The Collection

If you are financially able to support the mission of St. Elisabeth's, please put your offering in the collection plate at the back of the church, or you can use this QR code as a shortcut.



The Holy Communion

The Great Thanksgiving

Please stand as able.

Presider The Lord be with you.

Assembly And with thy spirit.

Presider Lift up your hearts.

Assembly We lift them up unto the Lord.

Presider Let us give thanks unto our Lord God.

Assembly It is meet and right so to do.

Presider It is very meet, right, and our bounden duty, that we should at all times,

and in all places, give thanks unto thee, O Lord, holy Father, almighty,

everlasting God.

Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face

of thy Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee,

and saying,

Assembly Holy, holy, Lord God of Hosts: Heaven and earth are full of

thy glory. Glory be to thee, O Lord Most High. Blessed is he that

cometh in the name of the Lord. Hosanna in the highest.

Presider All glory be to thee, O Lord our God, for that thou didst create heaven

and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious

death and sacrifice, until his coming again.

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Presider

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

Assembly

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say, Presider

Assembly Our Father, who art in heaven,

> hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread

A period of silence is kept.

The Prayer of Humble Access

Assembly

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

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Invitation to Communion

Presider

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to come forward to receive Communion or a blessing at this time.

Gluten-free host available upon request.

If you would prefer to receive a blessing instead of the sacrament, please cross your arms over your chest.

The Post Communion Prayer

Please stand as able.

Assembly

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Gloria

Assembly

Glory be to God on high,

and on earth peace, good will towards men.

We praise thee, we bless thee,

we worship thee,

we glorify thee,

we give thanks to thee for thy great glory,

O Lord God, Heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;

O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us.

Thou that takest away the sins of the world, receive our prayer.

Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Blessing

Presider

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.

Assembly Amen.

The Dismissal

Presider Go in peace to love and serve the Lord.

Assembly Thanks be to God.

The Postlude

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This Week

Monday, February 5 AA Meeting (8:00 PM)

Wednesday, February 7 Boy Scout Meeting (7:15 PM)

Thursday, February 8 Spoken Eucharist Rite II (7:30 AM)

Choir Rehearsal (7:30 PM)

Friday, February 9 Bible Study (11:00 AM)

Saturday, February 10 Family Eucharist and Potluck Supper (4:30 PM)

AA Meeting (5:00 PM)

Up Next

Sunday, February 11 Spoken Eucharist: Rite I (8:00 AM)

Choir Rehearsal (9:00 AM)

Choral Eucharist: Rite II (10:00 AM)

Coffee Hour, Forum, & Sunday School (11:00 AM)

Taizé Service at Christ Church Winnetka (5:30 PM)

February 13 St. E's Book Group (12:00 Noon)

Vestry Meeting (7:15 PM)

February 14 Ash Wednesday Service at Trinity (12:00 Noon)

Ash Wednesday Service at St. E's (7:00 PM)

February 15 Spoken Eucharist: Rite II (7:30 AM)

Choir Rehearsal (7:30 PM)

February 16 Bible Study (11:00 AM)

Announcements

Weekday Worship: Come join Adam before work or school at 7:30 AM every Thursday for a short service of Holy Communion with a brief homily on the readings assigned for the day.

St. Elisabeth's Bible Study meets weekly on **Fridays at 11:00 AM** in the Guild Room. This week we will be discussing Mark chapters 4-7. For more information, contact Mark Tilton.

Second Saturday Family Eucharist and Potluck Super will take place on Saturday, February 10 at 4:30 PM. We will gather for Communion around the table and then share a potluck meal and some fun and fellowship together. A sign-up sheet is on the bulletin board in the hallway. We will have these gatherings every Second Saturday through May.

New Sunday Forum Format: Beginning Today, we will gather weekly at Coffee Hour after the 10:00 AM service in the Guild Room. We will discuss the day's readings, sermon, liturgy, music and whatever else is on folks' minds. These conversations will be facilitated by the Rector. On select Sundays, we will continue to have guest speakers and teachers on various topics.

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The Episcopal Diocese of Chicago The Rt. Rev. Paula Clark, *Bishop*

Saint Elisabeth's Episcopal Church

Clergy & Staff

The Rev. Adam Spencer Rector

The Rev. Larry Handwerk

Walter Aldrich

Assisting Priest

Director of Music

Pam Green Director of Administration
Elizabeth Clemmitt Associate for Spiritual Wellness

Seán Hansen Seminarian

Abigail Pribble Director of Children's Formation

2024 Vestry

Leslie Alter, Warden

Carla Arnell

Suzanne Arnell

Robert Fischer

Fred Johnston Robin Lake, *Warden* Carrie Miller-Mygatt

Ross Shanley-Roberts Kara Superfine Mark Tilton, *Treasurer* John Tuohy, *asst. Treasurer*

Sunday Schedule

8:00 AM Spoken Eucharist: Rite I

9:00 AM Choir Rehearsal

10:00 AM Choral Eucharist: Rite II

11:00 AM Coffee Hour, Forum, and Sunday School

Office Hours

Tuesday by appointment, Wednesday, Thursday, and Friday 8:00 AM to 12:00 PM Pastoral Care Number: 847-786-3082